



HIKING TOURS

RULES IMPLEMENTED IN OUR ACTIVITIES

- All participants must bring a community mask, even if its use is not mandatory, there may be situations in which its use may be recommended.
- Whenever possible, the participants should wash their hands with soap and water or disinfect them with an alcohol-based solution.
- Minimum safety distance of 2 meters between all (4 meters, when possible).
- All participants must comply with the standard respiratory etiquette rules.
- Each group cannot have more than 10 participants
- HTP will always have masks, hydroalcoholic gel and watertight garbage bags at the disposal of the group to deposit all consumables used.

**All these rules will be remembered at the beginning of each activity and will have to be complied with.
Everyone's safety is our priority!**



Explanations on how to use masks, respiratory etiquette and social distance can be found at <https://www.who.int/emergencies/diseases/novel-coronavirus-2019/advice-for-public>



Establishment
complying
with Health Measures
Portugal

